

WHAT IS PBA-5 POINT TOUCH THERAPY?

Psycho Bio Acupressure (PBA)-Five Point Touch Therapy was developed by Doctor Pierre Noël Delatte, a French Doctor and Acupuncturist, as a result of more than 20 years of intensive research and more than 40,000 case studies and clinical observations.

PBA-FIVE POINT TOUCH THERAPY is a simple, rapid, easy-to learn though highly effective method of self treatment that can be learned easily by anybody and used as a daily routine to combat stress and protect and enhance health. It represents a major breakthrough in the complex fields of self-help techniques and management of emotionally challenging states of mind, whether temporary or deep-seated.

PBA acts perfectly on many states of discomfort and destructive thoughts and emotions such as stress, anxiety, anger, depression, fear, and overemotional states. It also has the advantage of being non-invasive and totally adapted to children and babies.

THE METHOD - The simultaneous pressure of five specific points on the body generates and activates an energetic circuit not only on the body itself but also within the brain (each and every acupressure point has its exact counterpart at brain level.) 22 different circuits have been carefully selected, each one corresponding to a specific negative energy (or negative emotional state) and allowing the restoration of the energetic balance of the person. Protocols are constituted by the grouping together of a number of selected circuits, each protocol targeting a definite, psycho emotional issue and dealing with it.

Everybody can learn to manage their emotions and balance their energetic system with Dr. Delatte's book, "Five Point Touch Therapy - Acupressure for the Emotional Body" which explains how in an easy to understand precise way.

Alternately a weekend training will soon be available in Australia.

THE MORE PROFOUND SECOND ASPECT OF PBA CONCENTRATES ON THE IDENTIFICATION AND RELEASE OF EMOTIONAL BLOCKS

"...the story of PBA doesn't stop here...it leads onto yet another adventure even more exultant...people's lives changed in a radical way: when they were depolluted from their inner saboteurs: their present detoxified of all the noxious air left by the unhappy experiences lived in the past that cause a great psychological suffering...the negative aspects that have been patched onto his true identity that prevent him from being fulfilled" Dr. Delatte; "LIBERATE YOURSELF FROM"

The second section concentrates on the identification and release of emotional blocks. The method used here is based upon the quantum properties of the data stocked within the brain. It is the result of more than 20 years of intensive research and of more than 40,000 case studies and clinical observations made by doctor Delatte.

Emotional blocks are induced by forgotten or denied events that took place in our past, generally during childhood: they impact heavily on our behaviours.

Blocks produce compulsive comportments that generate massive depletion of energetic resources as well as disharmony and disconnection from our real identity. They are responsible, though of course without our knowledge, for repetitive behavioural patterns or failures that we generally perceive as personal flaws (lack of self-confidence, fear of personal incompetence etc.)

Living with an emotional block is exhausting, both psychologically and physically. Profound wounds, repetitive failures, emotional blocks and painful memories accumulated in childhood that have a hold on the mind and the subconscious, can be liberated thanks to PBA. These blocks explain the behaviour of withdrawal or aggressiveness; which are a person's way of constructing a wall of defence with regard to his environment.

WHAT DOES A PBA PRACTITIONER DO?

A practitioner, with the application of the Five Point Touch Therapy, as well as a special technique of analysing the pulse, can identify and release emotional blocks, mostly acquired during childhood, you could say data or information or memory stocked in the emotional brain, that disturb the person and impact heavily on their behaviour.

I have a background of 25 years as a Masseur incorporating Acupressure. I worked in Paris as a Psycho Bio Acupressure practitioner and am now based in Melbourne.

In France there are about 150 therapists/practitioners of PBA that are registered with the Institute Delatte de Psycho-Bio-Acupressure.

At moment there are trainings all over France, Canada, America, Switzerland, Reunion and New Caledonia.

French site...Institute Delatte de Psycho Bio Acupressure

Australian site...psycho-bio-acupressure.com.au

Interviews with Dr. Pierre Noël Delatte, 5 point un point c'est tout.....

<https://www.youtube.com/watch?v=ms0QHouKqo0>

